



CHAMPIONS TAEKWONDO CLINTON HILL SCHEDULE

HEAD INSTRUCTOR: INSTRUCTOR Q

email: instructorq1@gmail.com

434 MYRTLE AVE, BROOKLYN, NY 11205 | TEL (718) 522-5425 (KICK) **SCHEDULE BEGINS OCT 2ND**



VISIT US ON FACEBOOK @CLINTONHILL MARTIAL ARTS & FITNESS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LITTLE TIGERS AGE 3-5 NO BELT TO ORANGE TIP 3:30PM - 4:00PM	ELITE TIGERS AGE 3-5 GREEN TIP & UP 3:30PM - 4:00PM	LITTLE TIGERS AGE 3-5 NO BELT TO ORANGE TIP 3:30PM - 4:00PM	ELITE TIGERS AGE 3-5 GREEN TIP & UP 3:30PM - 4:00PM	LITTLE TIGERS AGE 3-5 NO BELT TO ORANGE TIP 3:30PM - 4:00PM	ELITE TIGERS AGE 3-5 GREEN TIP & UP 10:30AM - 11:00AM
BEGINNER TAEKWONDO AGE 6-12 NO BELT TO YELLOW BELT 4:10PM - 4:50PM	ADVANCED TAEKWONDO AGE 6-12 ORANGE & UP 4:10PM - 4:50PM	BEGINNER TAEKWONDO AGE 6-12 NO BELT TO YELLOW BELT 4:10PM - 4:50PM	ADVANCED TAEKWONDO AGE 6-12 ORANGE & UP 4:10PM - 4:50PM	ELITE TIGERS AGE 3-5 GREEN TIP & UP 4:10PM - 4:40PM	LITTLE TIGERS AGE 3-5 NO BELT TO ORANGE TIP 11:10AM - 11:40AM
ELITE TIGERS AGE 3-5 GREEN TIP & UP 5:00PM - 5:30PM	BLACK BELT CLUB WEAPONS 4:50PM - 5:00PM	ELITE TIGERS AGE 3-5 GREEN TIP & UP 5:00PM - 5:30PM	BLACK BELT CLUB WEAPONS 4:50PM - 5:00PM	ADVANCED TAEKWONDO AGE 6-12 ORANGE & UP 4:50PM - 5:30PM	BEGINNER TAEKWONDO AGE 6-12 NO BELT TO YELLOW BELT 11:50AM - 12:30PM
ADVANCED TAEKWONDO AGE 6-12 ORANGE & UP 5:40PM - 6:20PM	LITTLE TIGERS AGE 3-5 NO BELT TO ORANGE TIP 5:05PM - 5:35PM	ADVANCED TAEKWONDO AGE 6-12 ORANGE & UP 5:40PM - 6:20PM	LITTLE TIGERS AGE 3-5 NO BELT TO ORANGE TIP 5:10PM - 5:40PM	BLACK BELT CLUB SPARRING/DEMO 5:30PM - 6:00PM	BLACK BELT CLUB SPARRING/DEMO 12:35PM - 1:05PM
BLACK BELT CLUB WEAPONS 6:20PM - 6:30PM	BEGINNER TAEKWONDO AGE 6-12 NO BELT TO YELLOW BELT 5:45PM - 6:25 PM	BLACK BELT CLUB WEAPONS 6:20PM - 6:30PM	BEGINNER TAEKWONDO AGE 6-12 NO BELT TO YELLOW BELT 5:50PM - 6:30 PM	BEGINNER TAEKWONDO AGE 6-12 NO BELT TO YELLOW BELT 6:10PM - 6:40PM	BLACK BELT CLUB WEAPONS 1:05PM - 1:15PM
TEEN & ADULT TAEKWONDO AGE 13 & UP 6:40PM - 7:20PM	TEEN & ADULT TAEKWONDO AGE 13 & UP 6:35PM - 7:15 PM	LIFE FIT KICKBOXING KICKBOXING 6:35PM - 7:35PM	BLACK BELT CLUB SPARRING/DEMO 6:35PM - 7:05PM	LIFE FIT KICKBOXING KICKBOXING 6:45PM - 7:45PM	ADVANCED TAEKWONDO AGE 6-12 ORANGE & UP 1:20PM - 2:00PM
LIFE FIT KICKBOXING KICKBOXING 7:30PM - 8:30PM	NO CLASS	NO CLASS	TEEN & ADULT TAEKWONDO AGE 13 & UP 7:10PM - 7:50PM	NO CLASS	BIRTHDAY PARTIES AVAILABLE 3:00PM - 4:30PM