






# Ultimate Champion's TKD Schedule



**Head Master : Master Choi** 2069Hempstead tpke. East Meadow NY 11554 TEL : (516) 280- 6912

[www.ChampionsTKD.com](http://www.ChampionsTKD.com)

EMAIL : MasterChoi44@gmail.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Beginner Little Tiger (No Belt to W.Orange) 3:30 - 4:00PM		Beginner LittleTiger (No Belt to W.Orange) 3:30 - 4:00PM		Beginner Little Tiger (No Belt to W.Orange) 3:30 - 4:00PM	ALL BELT CLASS <b>TEEN &amp; ADULTS</b> 9:30 - 10:10AM
NO BELT TO ORANGE BELT 4:00 - 4:40PM	Elite Little Tiger (White Green & up) 3:45 - 4:15PM	NO BELT TO ORANGE BELT 4:00 - 4:40PM	Elite Little Tiger (White Green & up) 3:45 - 4:15PM	NO BELT TO ORANGE BELT 4:00 - 4:40PM	Beginner Little Tiger (No Belt to W.Orange) 10:10 - 10:40AM
ORANGE TO BODAN BELT(Black) 4:40 - 5:20PM	NO BELT -GREEN TIP (Red tip/Brown) 4:20 - 5:00PM	ORANGE TO BODAN (BLACK) 4:40 - 5:20PM	NO BELT -GREEN TIP (Red tip/Brown) 4:20 - 5:00PM	ORANGE TO BODAN BELT(Black) 4:40 - 5:20PM	Elite Little Tiger (White Green & up) 10:40 - 11:10AM
 SPARRING 5:20 - 6:00PM	Beginner Little Tiger (No Belt to W.Orange) 5:00 - 5:30PM Elite Little Tiger (White Green & up) 5:30 - 6:00PM	* DEMO TEAM * DEMO / BREAKING / ADVANCED KICK / WEAPON 5:20 - 6:00PM	Beginner Little Tiger (No Belt to W.Orange) 5:00 - 5:30PM Elite Little Tiger (White Green & up) 5:30 - 6:00PM	 SPARRING 5:20 - 6:00PM	NO BELT TO GREEN BELT 11:10 - 11:50AM
GREEN TO BROWN BELT 6:00 - 6:40PM	BLACK BELT CLASS (RED TIP TO BLACK) 6:00 - 6:45PM	GREEN TO BROWN BELT 6:00 - 6:40PM	BLACK BELT CLASS (RED TIP TO BLACK) 6:00 - 6:45PM	ALL BELT CLASS 6:00 - 6:45PM	GREEN TIP TO BODAN BELT(Black) 11:50 - 12:30AM
NO BELT TO GREEN BELT 6:40 - 7:20PM	ALL BELT CLASS (NO BELT TO RED) 6:45 - 7:30PM	NO BELT TO GREEN BELT 6:40 - 7:20PM	ALL BELT CLASS (NO BELT TO RED) 6:45 - 7:30PM	<b>FUN FRIDAYS!</b> <b>LOOK AT</b> <b>SCHOOL</b> <b>CALENDAR FOR</b> <b>FRIDAY EVENTS!</b>	 SPARRING 12:30 - 1:00PM
ALL BELT CLASS <b>TEEN &amp; ADULTS</b> 7:20 - 8:05PM	BBC Weapons Demo 7:30-7:45 L/C Weapons Demo 7:30-7:45	ALL BELT CLASS <b>TEEN &amp; ADULTS</b> 7:20 - 8:05PM	BBC Weapons Demo 7:30-7:45 L/C Weapons Demo 7:30-7:45		
BBC ADULTS DEMO /WEAPONS 8:05 - 8:35PM	LEADERSHIP FORM / SPARRING 7:45 - 8:15PM	BBC ADULTS SPARRING 8:05 - 8:35PM	LEADERSHIP FORM / SPARRING 7:45 - 8:15PM		
<p><b>WHAT IS ELITE TIGER</b> - Program is an advanced program for Little Tiger students. It is for students with White - green belt or above who is ready for special curriculum full with advanced classes.</p> <p><b>WHAT IS B.B.C</b> - BLACK BELT CLUB Students invited to BBC are invited to take advanced classes. Students will also learn NUNCHAKUS &amp; BASIC OLYMPIC STYLE SPARRING &amp; ADVANCED KICK</p> <p><b>WHAT IS L/C</b> - LEADERSHIP CLUB STUDENTS ARE COMMITTED TO 2nd DEGREE BLACK BELT AND ABOVE! ALSO GET THE BENEFIT OF TAKING SPECIAL WEAPONS AND LEARN TC SPORT POOMSAE AT A COMPETITION LEVEL!</p>					
 CHAMPIONS TAEKWONDO EAST MEADOW Add < Master Choi >			 Eastmeadow_ChampionstkD		

WE DO EXCITING BIRTHDAY PARTIES!  
  
AFTER 2PM FUN ACTIVITY! TKD & GAMES!