



# ULTIMATE CHAMPIONS TAEKWONDO



## FLUSHING SCHEDULE

141-20 Northern Blvd Flushing NY 11354 TEL : (718) 886-5425

[www.ChampionsTKD.com](http://www.ChampionsTKD.com)

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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
<b>TEAM CHAMPIONS OPEN MAT</b> 3:00PM- 4:00PM		<b>ALL LITTLE TIGERS</b> 3:30PM- 4:00PM		<b>TEAM CHAMPIONS OPEN MAT</b> 3:00PM- 4:00PM		<b>ALL LITTLE TIGERS</b> 3:30PM- 4:00PM		<b>TEAM CHAMPIONS OPEN MAT</b> 3:00PM- 4:00PM		<b>ALL LITTLE TIGERS</b> 10:30 - 11:00AM	
WHITE TO GREEN TIP 4:00 - 4:45PM		WHITE TO GREEN TIP 4:00 - 4:45PM		WHITE TO GREEN TIP 4:00 - 4:45PM		WHITE TO GREEN TIP 4:00 - 4:45PM		WHITE TO GREEN TIP 4:00 - 4:45PM		WHITE TO GREEN TIP 11:10 - 11:55AM	
BLUE TO BLACK 4:45 - 5:30PM		<b>B.B.C POOMSAE &amp; BREAKING CLASS</b> 4:45 - 5:30PM		BLUE TO BLACK 4:45 - 5:30PM		<b>B.B.C POOMSAE &amp; BREAKING CLASS</b> 4:45 - 5:30PM		BLUE TO BLACK 4:45 - 5:30PM		BLUE TO BLACK 12:00 - 12:45PM	
<b>B.B.C SPARRING</b> 5:30 - 6:15PM		BLACK BELT CANDIDATE CLASS 5:30- 6:15PM	BLACK BELT CLASS 5:30- 6:15PM	<b>B.B.C SPARRING</b> 5:30 - 6:15PM		BLACK BELT CANDIDATE CLASS 5:30- 6:15PM	BLACK BELT CLASS 5:30- 6:15PM	<b>B.B.C SPARRING</b> 5:30 - 6:15PM		<b>B.B.C SPARRING</b> 12:45- 1:30PM	
WHITE TO GREEN TIP 6:15-7:00	LITTLE TIGERS LEVEL 1 6:30-7:00	WHITE TO GREEN TIP 6:15-7:00	LITTLE TIGERS LEVEL 2 6:30-7:00	WHITE TO GREEN TIP 6:15-7:00	LITTLE TIGERS LEVEL 1 6:30-7:00	WHITE TO GREEN TIP 6:15-7:00	LITTLE TIGERS LEVEL 2 6:30-7:00	WHITE TO GREEN TIP 6:15-7:00	LITTLE TIGERS LEVEL 1 6:30-7:00	<b>B.B.C DEMO</b> 1:30 - 2:00PM	
<b>LEADERSHIP CLUB</b> 7:00-7:45	<b>B.B.C CLASS</b> 7:00- 7:45	<b>BLUE TO BLACK</b> 7:00 - 7:45PM		<b>LEADERSHIP CLUB</b> 7:00-7:45	<b>B.B.C CLASS</b> 7:00- 7:45	<b>BLUE TO BLACK</b> 7:00 - 7:45PM		<b>DEMO TEAM</b>		<b>BIRTHDAY PARTIES</b> 2:00 - 4:00PM	
<b>TEAM CHAMPIONS</b> 7:45- 8:30PM		TEEN & ADULT CLASS 7:45- 8:30	<b>TEAM CHAMPIONS POOMSAE</b> 7:45- 8:30	<b>TEAM CHAMPIONS</b> 7:45- 8:30PM		TEEN & ADULT CLASS 7:45- 8:30	<b>TEAM CHAMPIONS POOMSAE</b> 7:45- 8:30	<b>TEAM FLUSHING DEMO TEAM</b> 7:00- 9:00PM		<b>Happy Birthday</b> Celebrate Your Child's Birthday Party today!!	
<p><b>WHAT IS LITTLE TIGERS ELITE</b> - Program is an advanced program for Little Tiger students. It is for students with White – green belt or above who is ready for special curriculum full with advanced classes.</p> <p><b>WHAT IS B.B.C</b> – BLACK BELT CLUB Students invited to BBC are invited to take advanced classes. Students will also learn NUNCHAKUS &amp; BASIC OLYMPIC STYLE SPARRING &amp; BE A PART OF OUR DEMO TEAM.</p> <p><b>WHAT IS L.C</b> – LEADERSHIP CLUB STUDENTS ARE COMMITTED TO 2nd DEGREE BLACK BELT AND ABOVE! LEARNING LEADERSHIP SKILLS AND INTRODUCED TO TC SPORT POOMSAE/SPARRING AT A COMPETITION LEVEL!</p>											
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WE DO EXCITING BIRTHDAY PARTIES! ASK FOR INFO											