





ULTIMATE CHAMPIONS TAEKWONDO

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 3:30PM-4:00PM		 3:30PM-4:00PM		 3:30PM-4:00PM	 10:00M-10:30AM
WHITE TO ORANGE 4:00-4:45PM	GREEN TO BLACK 4:00-4:45PM	WHITE TO ORANGE 4:00-4:45PM	GREEN TO BLACK 4:00-4:45PM	WHITE TO ORANGE 4:00-4:45PM	WHITE TO ORANGE 10:30AM-11:15AM
GREEN TO BLACK 4:45PM – 5:30PM	B.B.C. ELITE ADVANCED KICKING 4:45-5:30PM	B.B.C. ELITE FORM/WEAPONS 4:45PM – 5:30PM	WHITE TO ORANGE 4:45PM – 5:25PM	GREEN TO BLACK 4:45PM – 5:30PM	GREEN TO BLACK 11:15AM-12:00PM
B.B.C. ELITE FORM/WEAPONS 5:30PM –6:15PM	 5:30PM- 6:00PM	GREEN TO BLACK 5:30PM- 6:15PM	 5:30PM- 6:00PM	B.B.C. ELITE DEMO/WEAPONS 5:30PM –6:15PM	B.B.C. ELITE SPARRING 12:00PM-12:45PM
 6:15M- 6:45PM	WHITE TO ORANGE 6:00-6:45PM	 6:15M- 6:45PM	ALL BELT CLASS 6:00- 6:45PM	FUN FRIDAYS! LOOK AT SCHOOL CALENDAR FOR FRIDAY EVENTS!	BLACK BELT & STAFF CLASS 12:45PM-1:30PM
TEEN & ADULT CLASS 7:00-7:45PM	TEEN & ADULT CLASS 7:00-7:45PM	TEEN & ADULT CLASS 7:00-7:45PM	B.B.C. ELITE SPARRING 6:45- 7:30PM		
 7:45-8:30PM	 7:45-8:30PM	 7:45-8:30PM	 7:30-8:15PM		



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PHOTOS, AND VIDEOS
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**WE DO
EXCITING
BIRTHDAY
PARTIES!
AFTER 2:00PM
Clean up
included!
FUN ACTIVITY!
TKD & GAMES**

