



# Champions Martial Arts Freeport

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 Join our Facebook Closed Group → Freeport Champions Taekwondo Fans



**CLASS SCHEDULE EFFECTIVE: APRIL 18<sup>TH</sup>, 2022**

TIME	MONDAY	WEDNESDAY	FRIDAY	SATURDAY
4:00 to 4:40pm	No Belt to Green Tip	No Belt to Green Tip	No Belt to Green Tip	9:00 to 9:50am <b>Adult Class</b>
4:45 to 5:25pm	Blue to Red	4:45 to 5:15pm Little Tigers	<b>BBC</b>	10:00 to 10:30am Little Tigers
5:30 to 6:10pm	Red Tip to Black	Blue to Red	Blue to Red	10:35 to 11:15am No Belt to Green Tip
6:15 to 6:45pm	Little Tigers	Little Tigers	Little Tigers	11:20 to 12:00pm Blue to Red
6:50 to 7:30pm	No Belt to Orange	No Belt to Orange	No Belt to Green Tip	12:05 to 12:45pm Red Tip to Black
7:35 to 8:15pm	Green to Red	<b>BBC</b>	<b>BBC</b>	12:50 to 1:30pm <b>BBC</b>
8:20 to 9:00pm	Teen & Adult	Teen & Adult	Red Tip to Black	Leadership & Staff Training
			Leadership Training	Trial Classes
P R O G R A M S	<h2>What is BBC?</h2> <p>BBC stands for Black Belt Club. The BBC program is for <b>Orange Belts and Above</b>. BBC programs prepare students to become a 1<sup>st</sup> Degree Black Belt. They will learn sparring, self defense, life skills &amp; have opportunity to compete at various tournaments and events.</p>		<h2>What is LC?</h2> <p>LC stands for Leadership Club. The LC program is for <b>Red Tip and Above</b>. LC program prepares students to become a 2<sup>nd</sup> Degree Black Belt. They will learn high level sparring, striking techniques &amp; leadership skills to help them be successful leaders in life.</p>	

**YOU MUST BE QUALIFIED AND ACCEPTED TO JOIN BLACK BELT CLUB & LEADERSHIP!**

#1 Please Be Respectful to Everyone	#2 Please Come 5 Mins Early to Class	#3 Full Uniform & Belt Only. No Street Clothes	#4 Quiet in Lobby While Class is in Session	#5 Do Your TKD Homework
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