



CMA OF CHINO HILLS

CMAofchinohills@gmail.com
Follow Us  @cmaofchinohills
(310) 427 - 0599



Weekly Class Schedule - 2 Classes Per Week

NEW SCHEDULE STARTS 06/01 SATURDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LITTLE TIGERS 4:00-4:30	ELITE TIGERS 4:00-4:30	LITTLE TIGERS 4:00-4:30	ELITE TIGERS 4:00-4:30	NO BELT TO YELLOW 4:00-4:40	TEEN & ADULT 10:00-10:40
NO BELT TO YELLOW 4:30-5:10	ORANGE TO RED 4:30-5:10	NO BELT TO YELLOW 4:30-5:10	ORANGE TO RED 4:30-5:10	LITTLE TIGER 4:40-5:10	B.B.C (SPARRING) 10:40-11:20
ELITE TIGERS 5:10-5:40	B.B.C (NUNCHUCK) 5:10-5:50	ELITE TIGERS 5:10-5:40	B.B.C (SPARRING) 5:10-5:50	ORANGE TO RED 5:10-5:50	ORANGE TO RED 11:20-12:00
ORANGE TO RED 5:40-6:20	LITTLE TIGERS 5:50-6:20	ORANGE TO RED 5:40-6:20	LITTLE TIGERS 5:50-6:20	ELITE TIGERS 5:50-6:20	ELITE TIGERS 12:00-12:30
B.B.C (NUNCHUCK) 6:20-7:00	NO BELT TO YELLOW 6:20-7:00	B.B.C (SPARRING) 6:20-7:00	NO BELT TO YELLOW 6:20-7:00	NO BELT TO YELLOW 6:20-7:00	NO BELT TO YELLOW 12:30-1:10
TEEN & ADULT 7:00-7:40		TEEN & ADULT 7:00-7:40			LITTLE TIGERS 1:10-1:40